



Playing Handicap & Stroke Allowances for Competitions

Dear Ladies,

I am sure by now all of you has a good understanding of the new handicap system, but I just wanted to point out a couple of things before we all get back to playing competitions.

We have received lots of information both from the club and the English Golf Union explaining terms such as **handicap index, course handicap and playing handicap**. Just in case anyone is still confused I thought I would briefly explain these terms and more importantly, explain when to use each one.

When playing a competition a player needs to know her Handicap Index, which they can find by looking at the EG app or on club V1/ howdidido

For a handicap index to be portable across courses it must be converted into a **course handicap** to determine the number of strokes a player receives for the golf course being played.

A course handicap look up table will be available at each club for this purpose. Ours can be found by the first tee.

You simply select the tee you are playing from and look up your handicap index to ascertain your course handicap and then you are ready to play.

If you are playing in a competition or match play you will also need to know your **playing handicap**. The playing handicap is an adjustment to the course handicap by any handicap allowances in operation for the format of play.

For example, in individual stroke play competitions, the playing handicap (or stroke allowance) will be 95% of your course handicap.

(This stroke allowance is used only for the competition net score results and not for handicap purposes.)

For other formats of golf please refer to the stroke allowances table on page 18 by clicking on this link. https://www.knightonheathgolfclub.co.uk/res/WHS_070_Golfers_Toolkit_FINAL1.pdf

This all sounds rather complicated but don't worry as your playing handicap will automatically be calculated for you on the computer when you sign up for any competition on howdidido and it will also be printed on your competition card.

Example

Miss Super Golfer Lady Member at KHGC playing in Sunshine Cup (individual stroke play)

KNIGHTON HEATH GOLF CLUB

**EXTRACT OF COURSE RATING &
SLOPE RATING TABLE**

LADIES	
Red Yards	
Course Rating 72.5	
Slope Rating 132	
Handicap Index	Course Handicap
10.8 to 11.5	13
11.6 to 12.4	14
13.3 to 14.1	15
13.3 to 14.1	16
14.2 to 14.9	17
15.0 to 15.8	18
15.9 to 16.6	19
16.7 to 17.5	20
17.6 to 18.4	21
18.5 to 19.2	22
19.3 to 20.1	23

Handicap Index 15.3
Course Handicap (red tees) 18
Playing Handicap (95% of course handicap) 17

I hope all this makes sense and that we can get back to playing competitions very soon.

I also hope that we may be able to have a get together, when circumstances allow, to give a summary of the new handicap system and answer any questions that the ladies may have.

In the meantime, please contact me if anyone needs any help.

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